

Applying Sterile Gloves

Nurse 1: Sterile gloves come with a sterile package inside the packaging so you can go ahead and grab them.

And then you open them in a way that keeps the gloves themselves sterile.

You have to imagine there's a one a one inch or 2.5 centimeter border around. The gloves are always packaged in a way that on the left glove is on the left side and right glove is on the right side.

They are folded in a way that you'll see a cuff. So you have to think about which parts have to stay sterile and which parts can you touch. I know that I can touch this cuff here. I'm going to take a step back so I'm not working over top of my field. And then with my sterile fingers I'm going to reach under the cuff of the other glove. Remember everything is still sterile.

So sometimes your fingers will get a little bit misaligned so because of the principle of sterile to sterile you can use your sterile hands to touch the ends of the fingers.